



& 1-Mile Fun Walk



NEW!
10th Anniversary
Finisher Medal
awarded to all
who finish!

Plus, free T-shirts for the first 250 people to register

Race Categories

Ages: 6 & under, 7-10, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Prizes: 1st, 2nd & 3rd place overall (male and female) & each age division by gender

About the Course

5K (3.1 miles) hilly aggregate surface on portions of Ansel's Cave trail and entire Pioneer Bridle Trail (map at <http://bit.ly/gpdcaveman>)
Chip timing for 1.5 hours by GCXC

Virtual Option

You pick your date and location and run or walk the 5K (3.1 miles) on your own; time will not be recorded and not eligible for awards

THE 5K ROAD RACE WITHOUT THE ROAD

GEAUGA PARK DISTRICT'S CAVEMAN CRAWL 5K TRAIL RUN
Sunday, September 12, 2021

The West Woods • 9465 Kinsman Road (Rt. 87), Russell Twp.

Registration: 7-8:30 AM • Race Start: 9 AM

Then please join us for free food & an awards reception in the nature center after the race.

Caveman garb encouraged!

Youth & adult costume prizes at 8:30 AM

Please carpool if possible • Overflow parking & free shuttles from ASM International & Wiegand's Lake Park, both on Rt. 87 • Counts as a Geauga Gems Trekking Series-qualifying self-guided hike!



Walkers Welcome!
Walk either the 5K or the 1-mile!

Only 400 registrants accepted this year



JOHN W. ROSENTHAL
CAPITAL MANAGEMENT INC.



Registration

\$20 if online by Sept. 9, postmarked by Sept. 7, in person or during Packet Pickup

\$25 on Race Day

\$25 for Virtual Option, payment due in person or postmarked by Sept. 1
(fee covers shipping of T-shirt and finisher medal)

Online: <http://bit.ly/gpdcaveman>

By mail: send completed form with check to Geauga Park District, c/o Teresa Runion, 9160 Robinson Road, Chardon, OH 44024

In person: The West Woods Nature Center (9465 Kinsman Road/Rt. 87, Russell); Big Creek Park's Meyer Center (9160 Robinson Road, Chardon); or at Packet Pickup

All checks payable to Geauga Park District
Fees are non-refundable

Packet Pickup

The West Woods Nature Center
9465 Kinsman Road (Rt. 87)
Russell Township, Ohio 44072
440-279-0880

Saturday, Sept. 11, NOON - 4 PM
Sunday, Sept. 12, 7 - 8:30 AM

Details & Information

Teresa at Geauga Park District,
trunion@geaugaparkdistrict.org
or 440-279-0882

No Dogs, Please

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Emergency Contact: _____ Phone: _____

Gender: Male Female

Age on Race Day: _____

Adult Shirt Size (circle one)
S M L XL XX

Check if participating in the

1-Mile Fun Walk: _____
(not timed)

Virtual Run/Walk: _____
(not timed)

WAIVER: I certify that I am physically fit and capable of participation in this event. I understand that trail running is a potentially dangerous activity, and I assume full responsibility for any injury or accident that may occur during my participation. The undersigned individual does hereby release, discharge, hold harmless and acquit Geauga Park District, its Board, employees and agents from any and all liability which may arise from their and/or their family's participation in Geauga Park District's Caveman Crawl 5K Trail Run. It is understood that the undersigned exercises the waiver knowing fully the circumstances of the activity and knowingly accepts any risks involved therein. I understand that photographs will be taken during the event and may be used for marketing purposes in print and electronic formats.

Signature: _____

Date: _____